

## HOW TO ACCESS

### For Individual Users

To use easySHARE, you'll need to **register as a SHARE user**.

Registration and data access are **free of charge** for the entire scientific research community – including students.

Once registered, you can **download easySHARE** from the **SHARE Research Data Centre**.



### For Teachers & Instructors

If you'd like to use easySHARE in your teaching, there's a **simplified application process** that lets you share the dataset directly with your students.

Just fill out a short **teacher statement**, available on the SHARE website.



More Information & Registration:  
[www.share-eric.eu](http://www.share-eric.eu)

## READY TO USE!

### Contact for questions about easySHARE

SHARE-ERIC  
Chausseestraße 111  
10115 Berlin

Contact: [info@share-project.org](mailto:info@share-project.org)

### More about easySHARE



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## THE SHARE DATASET FOR BEGINNERS

- › Longitudinal Panel Dataset
- › 28 Countries
- › Guided Data Analysis for Stata, SPSS and R
- › Code Example

## WHAT IT IS

### What is Share?

The Survey of Health, Ageing and Retirement in Europe (SHARE) is a unique, multidisciplinary panel study covering health, socio-economic status, and social and family networks. It includes over **160,000 individuals** aged 50 and older, with over 600,000 interviews across 27 European countries and Israel.

### What is easySHARE?

SHARE is a rich and complex dataset, with information collected at the individual, couple, and household level, and skip patterns for information expected to stay the same over time. **easySHARE** offers a smooth introduction to working with SHARE, without the steep learning curve.

**easySHARE is a simplified version of the SHARE dataset**, designed for:

- › Students learning to work with real-world data, including for their thesis
- › Researchers new to quantitative analysis of survey data

### Supported Software

The **easySHARE** dataset is available for the statistical software packages Stata, SPSS and R.



**easySHARE**

### Please note

**easySHARE** is intended for student training and teaching purposes. To reduce the burden of data preparation for beginners, pragmatic assumptions have been applied to the data cleaning process. For scientific publications we recommend using data from the Scientific Release of the SHARE dataset instead.

## WHAT YOU GET



### Cross-National Panel Dataset

Unlike the main SHARE release, which is split across many separate files, **easySHARE** brings together all currently released data waves into **a single, streamlined panel dataset**. This dataset:

- › Covers **all SHARE countries**
- › Includes the **same number of observations** as the scientific release
- › Focuses on a **carefully selected subset of variables** that are ready for analysis
- › Does **not require extensive cleaning and preparation**



### Detailed Documentation

The **easySHARE** Release Guide describes every variable in the dataset in detail. It also includes example analyses for **Stata, SPSS and R**.



### Programme Code

Each download of **easySHARE** comes with the **original Stata code** used to create the dataset. This code lets you:

- › See exactly how variables were constructed
- › Learn how to build your own panel dataset



### Extension Guidance

A dedicated **SHARE Working Paper** explains how to:

- › Understand the structure and logic of **easySHARE**
- › Add more variables from the full SHARE scientific release
- › Expand **easySHARE** for more advanced analyses

## WHAT'S INSIDE

### Demographics

Age, gender, country of birth, citizenship, education, religion, marital status, age and gender of partner.

### Household Composition

Living with partner in the same household, household size, children living in the household.

### Childhood Conditions

Number of books at age ten, relative mathematical skills at age ten, relative language skills at age ten, childhood health status, being vaccinated during childhood.

### Social Support & Network

Mother/ father alive, number of children, residential proximity of children, number of grandchildren, number of living siblings, social activities, received and given social support.

### Health And Health Behaviour

Self-perceived health, number of chronic diseases, mental health variables, depression scale EURO-D, CASP-12 index for quality of life and well-being, health care utilization, grip strength, body mass index, smoking and drinking behaviour, vigorous activities/sports.

### Functional Limitation Indices

Mobility index, large muscle index, activities of daily living index, gross motor skills index, fine motor skills index, instrumental activities of daily living index, cognitive functions.

### Work & Money

Current job situation, term of main job, working hours per week, satisfaction with main job, early retirement plans, ability to make ends meet, wave specific household income percentiles, imputed household net income, wave specific household income percentiles.