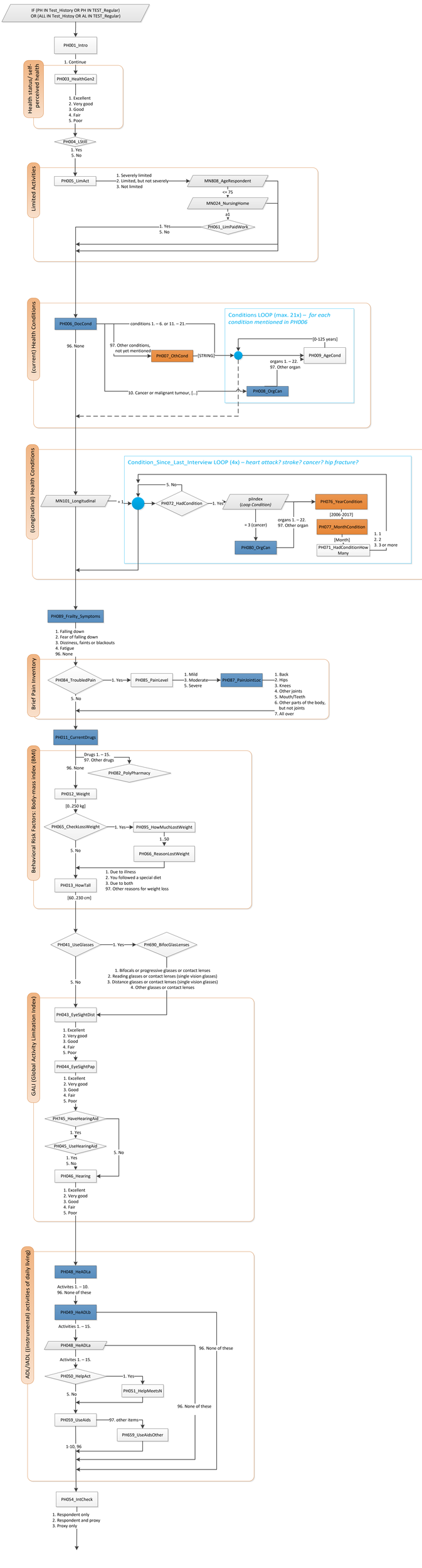PH - Physical Health (wave 7)