

# The recent economic crisis and old-age health in Europe

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#### Economic crises and health

- ▶ The 2007/2008 financial and economic crisis was a major macroeconomic shock in European countries.
- Private households were affected in many ways, e.g., by unemployment, loss of income, drops in wealth etc.
- Recent sovereign debt crisis will have additional consequences for European economies due to major cuts in government expenditure, which might also affect health budgets.
- Central Question: How do the recent macroeconomic turbulences affect public health?









#### Economic crises and health

#### **Potential Channels:**

- Unemployment and financial hardship increase stress, adoption of unhealthy life-style, and depression
- Reduction in income and wealth lowers investment in health
- Reduction of public expenditure on health services due to tight budgets
- On the other hand: Less economic activity reduces job related health problems (stress, accidents), more time for healthy life-style (lower opportunity cost of time), and less smoking and drinking









#### Contribution

- We examine effects of the recent crisis on health of older Europeans.
  - might be more affected due to fragile health
  - might be less affected due to weak link to labor markets
- We use SHARE individual-level data on health in combination with regional data on employment rates from Eurostat at NUTS 1 level.
- We examine regional variation in the intensity of the crisis within countries.







## Measuring changes in health

- Respondents from SHARE wave 2 (2006, pre-crisis) and SHARE wave 4 (2010, post-crisis)
- Countries included: Sweden, Germany, Netherlands, Belgium, France, Austria, Spain, Italy, Poland
- ► Self-reported health (SRH): Would you say your health is 1-excellent, 2-very good, 3-good, 4-fair, 5-poor.
  - Focus: **Change in health** between 2006 and 2010. It can take values from -4 to 4, where negative values mean worse health compared to two years before.
- Controls: gender, age, employment status, education



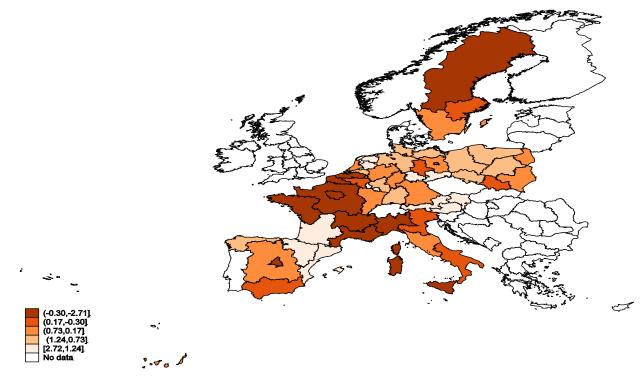






## SHARE Regional variation in economic crises

Figure 1: Map of the changes in employment rates for the population 55-64 in 2008 by NUTS 1 regions in Europe



Source: Eurostat http://epp.eurostat.ec.europa.eu/portal/page/portal/statistics/search\_database Trend and cycle decomposition of the time series of age-specific employment rates from 1999 to 2010 using a Hodrick-Prescott filter with smoothing parameter of 10.

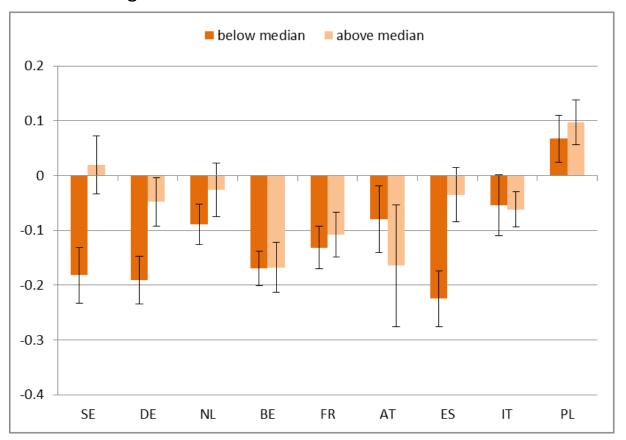








**Figure 2:** Regional changes in self-reported health by country among Europeans between age 50-70.



Source: Eurostat data on regional employment and SHARE Waves 2 and 4









**Table 1:** Linear regression: The effect of employment rate on changes in self-reported health

Age specific employment rates						
Sample:	Full sample	Age restricted	Employed W2			
beta	0.043 ***	0.057 ***	0.078 ***			
(s.e.)	(0.012)	(0.015)	(0.023)			
N	14,178	8,289	3,605			

Significance: \*\*\* = 1%; \*\* = 5%; \* = 10%; Notes: Controlled for gender, age and a full set of country dummies.

Source: SHARE Wave 2 release 2.5.0; Wave 4 release 1









**Table 2:** The effect of employment rate on changes in self-reported health by level of education

Panel A: Age restricted	<u>ed</u>
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	High school dropouts	High school	College
beta	0.052 **	0.052 **	0.102 ***
(s.e.)	(0.025)	(0.026)	(0.032)
N	3,336	2,995	1,852

#### Panel B: Age restricted & Employed

	High school dropouts	High school	College
beta	0.103 **	0.054	0.099 **
(s.e.)	(0.044)	(0.037)	(0.040)
<i>N</i>	1,033	1,382	1,141

Significance: \*\*\* = 1%; \*\* = 5%; \* = 10%; Notes: Controlled for gender, age and a full set of country dummies.

Source: SHARE Wave 2 release 2.5.0; Wave 4 release 1









**Table 3:** The effect of employment rate on changes in self-reported health by macro-region of residence

<b>Pane</b>	I A:	Age	restricted

	Mediterranean	Central		Northern	
beta	0.037	0.041	*	0.14	***
(s.e.)	(0.025)	(0.022)		(0.042)	
N	1,838	3,496		1,949	

#### Panel B: Age restricted & Employed

	Mediterrane	ean	Central		Northern	
beta	0.083	*	0.057	*	0.118	**
(s.e.)	(0.046)		(0.030)		(0.059)	
/V	623		1,585		1,114	

Significance: \*\*\* = 1%; \*\* = 5%; \* = 10%; Notes: Controlled for gender, age and a full set of country dummies.

Source: SHARE Wave 2 release 2.5.0; Wave 4 release 1









## Summary and policy conclusion

- The current crisis had a negative effect on old-age health: 1 pp lower employment rate has a negative effect on health equivalent to more than one additional year of age.
- Effects are stronger
  - ... for individuals who are still in the labour force.
  - ... in the Northern countries due to the high labour force participation of the older population.

#### **Policy conclusion**

- Consider health consequences when designing policies to overcome (the current) crisis.
- Consider side effects when increasing labor market participation of older Europeans.
  - => More research necessary to understand underlying mechanisms.





